

## HEDIS Provider Guide:

### Postpartum Depression Screening and Follow-Up (PDS-E)

#### Measure Description

The percentage of deliveries in which members were screened for clinical depression during the postpartum period and if screened positive, received follow-up care

- Depression Screening: The percentage of deliveries in which members were screened for clinical depression using a standardized instrument during the postpartum period, seven (7) to 84 days after the delivery date. The list of standardized instruments is available below.
- Follow-Up on Positive Screen: The percentage of deliveries in which members received follow-up care or were dispensed an antidepressant within 30 days of a positive depression screen finding. Any one of the following actions counts:
  - An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition
  - A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition
  - A behavioral health encounter, including assessment, therapy, collaborative care, or medication management
  - A diagnosis of encounter for exercise counseling
  - A dispensed antidepressant medication
  - Documentation of an additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument. For example, a positive PHQ-2 followed by a negative PHQ-9.

#### Notes

- The denominator for this measure is based on deliveries, not on members; therefore, it is possible for the denominator to include multiple deliveries for the same person.
- The denominator includes deliveries during the period of time from September 8 of the year prior to the measurement through September 7 of the measurement period.
- When submitting depression screening data using LOINC codes, the screening score must be documented in the EHR and submitted as supplemental data.
- Depression screening documented as part of other health assessments may count if the questions align with the approved, standardized instruments (see the list below). For example, if a health risk assessment includes PHQ-2 questions, the screening is acceptable if the patient completes the questions and a total score is calculated and documented.

**Exclusions:** Members in hospice.

Standardized Instruments	Age ≤17	Age 18+	LOINC® Code	Positive Finding
Patient Health Questionnaire-2 (PHQ-2)	X	X	55758-7	Total Score ≥3
Patient Health Questionnaire (PHQ-9)	X	X	44261-6	Total Score ≥10
Patient Health Questionnaire Modified for Teens (PHQ-9M)	X		89204-2	Total Score ≥10
Beck Depression Inventory-Fast Screen (BDI-FS)	X	X	89208-3	Total Score ≥8
Center for Epidemiologic Studies Depression Scale –Revisited (CESD-R)	X	X	89205-9	Total Score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	X	X	99046-5	Total Score ≥10
PROMIS Depression	X	X	71965-8	Total Score ≥60
PROMIS Emotional Distress—Depression—Short Form		X	77861-3	Total Score ≥60
Beck Depression Inventory (BDI-II)		X	89209-1	Total Score ≥20

Standardized Instruments	Age ≤17	Age 18+	LOINC® Code	Positive Finding
Clinically Useful Depression Outcome Scale (CUDOS)		X	90221-3	Total Score ≥31
Duke Anxiety-Depression Scale (DUKE-AD)		X	90853-3	Total Score ≥30
My Mood Monitor (M3)		X	71777-7	Total Score ≥5

**Codes to Bill for Postpartum Depression Follow-up**

Description	Codes	
Behavioral Health Encounter	<b>CPT:</b> 90791, 90792, 90832-90834, 90836-90839, 90845-90847, 90849, 90853, 90865, 90867-90870, 90875, 90876, 90880, 90887, 99484, 99492, 99493 <b>HCPCS:</b> G0155, G0176, G0177, G0409-G0411, G0511, G0512, H0002, H0004, H0031, H0034-H0037, H0039, H0040, H2000, H2001, H2010-H2020, S0201, S9480, S9484, S9485	
Depression Case Management Encounter	<b>CPT:</b> 99366, 99492, 99493 <b>HCPCS:</b> G0512, T1016, T1017, T2022, T2023 <b>Note:</b> Depression case management encounter must include assessment for symptoms of depression (use SNOMED codes: 394924000 or 788976000) or a diagnosis of depression or other behavioral health condition (see below for ICD10CM codes).	
Encounter for Exercise Counseling	<b>ICD10CM:</b> Z71.82	
Follow Up Visit: (Outpatient, telephone, e-visit or virtual check-in. <u>Must</u> have a diagnosis of depression or other behavioral health condition)	<b>CPT:</b> 98000-98016, 98960-98962, 98966-98968, 98970-98972, 98979-98981, 99078, 99202-99205, 99211-99215, 99242-99245, 99341, 99342, 99344, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99421-99423, 99441-99443, 99457, 99458, 99470, 99483 <b>HCPCS:</b> G0071, G0463, G0544, G2010, G2012, G2250, G2251, G2252, T1015	<b>Depression or Other Behavioral Health Condition:</b> <b>ICD10CM:</b> F01.511, F01.518, F06.4, F10-F16, F18-F25, F28-F34, F39-F43, F44.89, F45.21, F51.5, F53.0, F53.1, F60.0-F60.7, F60.81, F60.89, F60.9, F63.0-F63.3, F63.81, F63.89, F63.9, F68.10-F68.13, F68.8, F68.A, F84.0, F84.2, F84.3, F84.5, F84.8, F84.9, F90-F91, F93.0, F93.8, F93.9, F94.0-F94.2, F94.8, F94.9, O90.6, O99.340-O99.345

**Antidepressant Medications**

Description	Prescription			
Miscellaneous antidepressants	Bupropion	Vilazodone	Vortioxetine	
Monoamine oxidase inhibitors	Isocarboxazid	Phenelzine	Selegiline	Tranyloypromine
Phenylpiperazine antidepressants	Nefazodone	Trazodone		
Psychotherapeutic combinations	Amitriptyline-chlordiazepoxide	Amitriptyline-perphenazine	Fluoxetine-olanzapine	
SNRI antidepressants	Desvenlafaxine	Duloxetine	Levomilnacipran	Venlafaxine
SSRI antidepressants	Citalopram	Escitalopram	Fluoxetine	Fluvoxamine
	Paroxetine	Paroxetine mesylate	Sertraline	
Tetracyclic antidepressants	Maprotiline	Mirtazapine		
Tricyclic antidepressants	Amitriptyline	Amoxapine	Clomipramine	Desipramine
	Doxepin	Imipramine	Imipramine pamoate	Nortriptyline
	Protriptyline	Trimipramine		

## How to Improve HEDIS® Scores

- Use standardized clinical depression screening templates in charts and in electronic health records (EHRs). Ensure that these templates capture the score and the screening result.
- If using the PHQ-2 assessment and the result is positive, conduct a PHQ-9. A positive PHQ-2 followed by a negative PHQ-9 counts toward the follow-up measure.
- Schedule follow-up visits for the patient to occur within 30 days of a positive depression screening, before they leave the provider office.
- Contact patients who cancel or miss appointments for reassessment (phone and/or mail).
- Educate patients on the importance of follow-up care.
- Avoid missed opportunities by taking advantage of every office visit to provide clinical depression screening.
- An outpatient, telephone, e-visit, or virtual check-in follow-up are also acceptable to meet the measure requirements.
- If your practice/group uses a data aggregator, e.g., Cozeva® or Arcadia®, ensure that they can capture this measure in their system.
- Submit LOINC codes for depression screening to Blue Shield Promise via a supplemental data feed extracted from your electronic health record (EHR). Reach out to your assigned Blue Shield Promise Quality Program Manager for assistance or email [HEDISSUPPDATA@blueshieldca.com](mailto:HEDISSUPPDATA@blueshieldca.com) for questions related to supplemental data feeds.
- Visit the [Behavioral Health Services Program](#) section on the Blue Shield Promise website for information on behavioral health referrals.

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