

HEDIS Provider Guide: Postpartum Care (PPC-Postpartum)

Measure Description

The percentage of deliveries of live births on or between October 8th of the year prior to the measurement year and October 7th of the measurement year that had a postpartum visit or pap test on or between seven (7) and 84 days after delivery. Services that occur over multiple visits count toward this measure if all services are within the time frame established in the measure.

Documentation Tips:

If you are using medical records, the postpartum visit must be completed by an OB/GYN or other prenatal care practitioner, or a primary care physician (PCP), on or between seven (7) and 84 days after delivery. The medical record must include a note with the date that the postpartum visit occurred and **one of the following:**

- Pelvic exam (Note: A Pap test between seven (7) and 84 days after delivery counts as evidence of a pelvic exam)
- Evaluation of weight, blood pressure (BP), breasts, and abdomen
 - A notation of "breastfeeding" is acceptable for the "evaluation of breasts" component.
- Notation of postpartum care, including, but not limited to:
 - Notations of "postpartum care," "PP care," "PP check," "6-week check," and
 - A preprinted "Postpartum Care" form in which information was documented during the visit
- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use, or preexisting mental health disorders
- Glucose screening for members with gestational diabetes
- Documentation of any of the following topics:
 - Infant care or breastfeeding
 - Resumption of intercourse, birth spacing, or family planning
 - Sleep/fatigue
 - Resumption of physical activity
 - Attainment of healthy weight

Notes

- The measure is based on deliveries; therefore, it is possible for the denominator to include multiple deliveries for the same person.

Exclusions

- Exclude services provided in an acute inpatient setting.
- Members in hospice

Using Correct Billing Codes to Identify Postpartum Visits

Global billing or bundled codes do not provide specific date information to count toward this measure.

Description	Codes
Postpartum Care/Encounter for Postpartum Care	CPT: 57170, 58300, 59430, 99501 CPT II: 0503F HCPCS: G0101 ICD10CM: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

Codes to Identify	
Cervical Cancer Screening (Pap Exam)	CPT: 88141-88143, 88147, 88148, 88150, 88152, 88153, 88164-88167, 88174, 88175 HCPCS: G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001 LOINC: 104866-9, 10524-7, 18500-9, 19762-4, 19765-7, 19766-5, 19774-9, 33717-0, 47527-7, 47528-5

How to Improve HEDIS® Scores

- Schedule your patient for a postpartum visit or pap test within seven (7) to 84 days after delivery.
- Send frequent appointment reminders to the patient by phone or text messaging.
- Telehealth visits can be completed for a postpartum care exam.
- Discuss and provide long-term options for contraception during the patient’s postpartum visits.
- Please refer pregnant members to the Blue Shield Promise Maternity Program to ensure their connection to appropriate support services. You are also encouraged to recommend doula services to your pregnant or postpartum patients to help reduce perinatal complications and improve outcomes for birthing parents and infants. For more information on the Maternity Program and Doula Services, visit www.blueshieldca.com/en/bsp/providers/programs/maternity-program.
- Submit medical records of a postpartum visit in the seven (7) to 84 days after delivery to your Blue Shield Promise Quality Program Manager or through the Cozeva® application if they are not captured through a claim or encounter.
- Screen patients for depression within seven (7) to 84 days after delivery. Schedule the patient for follow-up within 30 days if their depression screening is positive. If there is a positive screen resulting from a Patient Health Questionnaire-2 (PHQ-2) score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow-up.
- Submit LOINC codes for depression screening to Blue Shield Promise via a supplemental data feed extracted from your electronic health record (EHR). Reach out to your assigned Blue Shield Promise Quality Program Manager for assistance or the supplemental data team at HEDISSUPPDATA@blueshieldca.com.
- Remind parents to schedule all well-child visits and vaccinations.

HEDIS® is a registered trademark for the National Committee of Quality Assurance (NCQA)

LOINC® is a registered trademark of Regenstrief Institute, Inc.

Cozeva® is a registered trademark of Applied Research Works, Inc.